

Message from your CEO



Welcome to the Autumn edition of our HealthLinks newsletter.

In this edition of our HealthLinks newsletter we've got a couple of exciting announcements... **Digital Membership Cards** are here, so you no longer need to worry about getting caught without your Phoenix Health card when you visit a provider. Plus this week we launched our new look **Website Menu**, making your online experience easier - because your health insurance shouldn't be hard work!

The Easter break is here! Whether you're heading away with friends or celebrating at home with family; whatever you're doing we share with you how you can save big this Easter and everyday with **Phoenix Health Rewards**. We also head to the kitchen to debate chewy or crunchy as we bake up a batch of **ANZAC biscuits** - a true Aussie classic.

On behalf of us all at Phoenix Health, I'd like to extend a very Happy Easter to you and your families, and hope you have a safe and enjoyable break.

Thank you for continuing to trust us with your health and wellbeing.

Sharon

Sharon Waterhouse
Chief Executive Officer

We'd love to hear from you!

Coming soon you'll have access to a new **Member Education Hub** on our website for Guides to claiming benefits, Health Support Programs, Going to Hospital and more. If there's a benefit or a topic you'd like more detailed information on get in touch with us by emailing your ideas to marketing@phoenixhealthfund.com.au



Member Update:

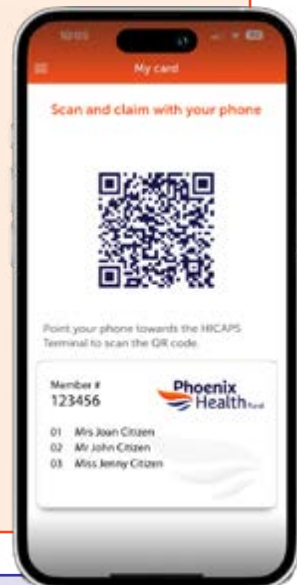
Digital Membership Cards are here!

Never worry about getting caught without your Phoenix Health Membership Card, because you can now take it with you everywhere! Simply use the Phoenix Health App to generate your QR code and scan at your provider wherever HICAPS is available.

Have an Android phone? If you've used your digital membership card on your Android previously, your QR code will now be your digital membership card and you'll now need to scan this to claim on-the-spot at your provider.

Digital Membership Cards are ready to use now - just make sure you update your app before you head to your provider.

To learn more about the Phoenix Health App and your Digital Membership card visit phoenixhealthfund.com.au/how-to-claim



Member Update:

Website Menu Enhancements

Understanding health insurance and your Phoenix Health membership shouldn't be hard work. We've made some improvements to our website menu to make it easier for you to find and access the information you need.



To check the changes out for yourself visit phoenixhealthfund.com.au

Eating Seasonally:

ANZAC Biscuits

Prep: 15 mins | Cook: 15 mins | Makes: approx. 30 biscuits

With ANZAC day just around the corner, we thought it was the perfect time to make a batch of the iconic Australian treat. But there's one question that always causes debate... should ANZAC biscuits be chewy or crunchy!? You decide!



What you'll need

- ✓ 1 cup rolled oats
- ✓ 1/2 cup self-raising flour
- ✓ 1/2 cup plain flour
- ✓ 1 cup brown sugar
- ✓ 1 cup desiccated coconut
- ✓ 125g butter, chopped
- ✓ 2 tablespoons golden syrup
- ✓ 2 tablespoons boiling water
- ✓ 1 rounded teaspoon bi-carb soda

STEP 1 Preheat oven to 170° or 150° - 160° fan-forced and line two oven trays with baking paper.

STEP 2 Combine flour, coconut, sugar and oats in bowl and combine thoroughly.

STEP 3 Melt butter and syrup in saucepan until warm.

STEP 4 In a cup, combine boiling water and carb soda - mix well and add to the butter and syrup. Stir well to combine.

STEP 5 Roll dessert spoon of mixture into balls and place on tray. Flatten gently with fork. Make sure you allow room between the biscuits for them to spread when cooking.

STEP 6 Cook for 15-20 minutes for chewy biscuits or 20-25 minutes for crunchy biscuits. Allow cooked biscuits to cool on the tray for 5 minutes before transferring them to a wire rack to finish cooling.

STEP 7 Biscuits can be stored in an air-tight container for several days, or also freeze really well.

Source: CWA No-Fail ANZAC Biscuits: <https://www.abc.net.au/news/2020-04-23/cwa-anzac-biscuits/12176750>



Save up to 12c per litre on fuel this Easter break

Phoenix Health Rewards is all about bringing you more value from your membership with ways to save everyday - from discounted eGift cards to exclusive member offers and even fuel savings. So if you're heading on a road trip this Easter break, **Phoenix Health Rewards** has your back!



Save 4c per litre everyday with EG and EG Ampol

Receive 4c off per litre on petrol and diesel at EG and EG Ampol branded service stations across Australia. Plus, combine this discount with other EG offers and you could save up to a HUGE 12c per litre!

Save 6c per litre when you register for a Shell Card

Sign up for a Shell Card using your ABN and you'll save 6c per litre on petrol and diesel wherever Shell Cards are accepted. And as a bonus, as a Phoenix Health Rewards member, you'll pay no card fees for 12 months.

So to save big this Easter, before you head to the bowser, visit **rewards.phoenixhealthfund.com.au** for more details and to register and browse all the special member perks on offer.

Ready to start shopping? Head to...
rewards.phoenixhealthfund.com.au

Happy Easter, from all of us at Phoenix Health!

Please note, office hours will change during the Easter break:

18th April: Good Friday - closed

19th April: Easter Saturday - closed as usual

20th April: Easter Sunday - closed as usual

21st April: Easter Monday - closed



1800 028 817
info@phoenixhealthfund.com.au

PO Box 156 Newcastle NSW 2300
ABN 93 000 124 863