



## Take control of your health journey

- One-on-one dietitian consultations
- Holistic support and expert resources
- Reach your long-term goals, beyond medication!
- **Available at no additional cost<sup>^</sup>**

## Why MedJourney?



### Expert support from an experience team.

Four one-on-one consultations with our experienced dietitians and continual support from our team of allied health professionals.



### Sustainable results, beyond medication.

Learn strategies to improve your results and maintain your progress once you transitioning off the medication.



### Tools & resources for success.

All the tools and resources you need conveniently delivered via our online member hub and the *Healthy Weight For Life* app.



### The best time is now!

Combining your weight loss treatments with a lifestyle modification program has been shown to improve results and long-term success\*.

Start your **MedJourney** today!



**CLICK OR SCAN**  
to find out more and  
check your eligibility.

Free Call:  
**1800 226 180**

Or visit the  
**Healthy Weight For Life**  
website

**HWFL**<sup>™</sup>  
healthyweightforlife.com.au

<sup>^</sup> Policy and clinical eligibility criteria apply. See the [HWFL website](#) for more information.

\* 1. <https://pubmed.ncbi.nlm.nih.gov/30326501/> ; 2. <https://resourcecenter.omadahealth.com/glp-1-medications-and-how-omada-can-help/analysis-shows-glp-1s-work-best-with-behavior-change-support> ; 3. <https://onlinelibrary.wiley.com/doi/10.1002/edm2.82>.